## The Home of Grace for Women, Inc. Client's Supply List Revised 10/01/2023

When packing for your stay at the Home of Grace please be aware that there is limited storage space. You may bring ten (10) outfits, including your church clothes. Any more than this will be returned to your family or put in our clothes closet. If your family brings any clothing items to you during your stay, you must send back an equal number of items back with them.

Cigarettes if you smoke. No e-cigarettes, vapes, cigars, patches, or nicotine gum.

Toiletries: Shampoo, conditioner, deodorant (ladies deodorant only), toothpaste/toothbrush, disposable razors, soap, lotion, non-alcohol mouthwash. 2 towels/2 wash cloths, any hair dye must be a natural color (no pinks, purples, orange, no bright colors.) No douches. No Perfume. No hand sanitizer. Hair Products: blow-dryer, curling iron, hair straightener, pump hairspray (no aerosol products), make-up (a reasonable amount -if you desire to wear it).

Personal Hygiene items: pads/tampons (3 monthly cycles)

Casual Clothing: Shirts must be modest. No mid-drifts or suggestive messages (like skulls or alcohol/drug/bar logos) on shirts. Tank tops must be at least 3 fingers wide (no razor backs), no spaghetti straps. Jeans, dress pants, lounge pants, joggers, capris, shorts must be knee length. Leggings can be worn, but shirt must be long enough to cover your butt. Dresses must be knee length and no strapless or spaghetti straps. Tennis shoes, sandals, and appropriate shoes for church. Modest night clothing and a bed pillow if you desire.

No men's clothing of any kind (shirts, pants, basketball shorts, boxers, hats, or bandanas are not allowed). Sunday Dress: Dress/dress pants only. Shoes appropriate for church. No leggings can be worn to church. Miscellaneous: Envelopes, stationery, stamps (you may write and receive letters upon your arrival). Highlighters, pens, loose leaf paper, notebook, journal, small flashlight, small fan, a cup with a lid, a back pack, 10 picutres to hang on pin board(no frames), a watch(no smart watches), Bible, 1 devotional, AA or NA book if you have one. No other reading material will be accepted, CD player with headphones, no radio and AA batteries (we have them for sale for \$25), 1 case of bottled water (flavor packets if you desire them-no energy), mini bottles of Gatorade or Powerade, individually wrapped candy/chocolate, Granola Bars, small induvial bags of chips, All other snacks and drinks must be purchased from the vending machine on campus. Money for snacks and sodas will be kept in the Housemother's safe. Clients are allowed up to \$5.00 per day. We cannot cash checks or money orders.

Cell phones, games, or personal vehicles may not be left on campus. No facial piercings allowed. Medical/Dental: We are not a medical facility. All pre-existing medical or dental matters must be taken care of prior to your arrival. If medical, dental or psychological conditions occur during the client's recovery and cannot be taken care of on campus, the client will be asked to postpone treatment until after completion of program. A medical leave/discharge may be necessary.

**Medication:** Approved prescriptions: Please bring 90 day supply, You may bring unopened vitamins and over the counter meds.

**Legal Obligations:** Court dates must be postponed prior to admission. Applicants entering the program without notifying the court or probation officer in advance may be disqualified and made to leave the program. If a client leaves the program or is dismissed the court and or probation officer will be notified upon their departure.

If you have any questions please contact the Home of Grace at 251-456-7807.